**Game Rules**

**Grades 5, 6, & 7**

**9 v 9**

**Safety Equipment**

All players are required to wear shin guards. Mouth guards and cleats are strongly recommended.

Jewelry is not allowed to be worn during games.

**Game Rules**

• Each team will play with 9 players per team (including goalie). Teams may adjust this if in

agreement with opponents.

• Games will consist of TWO 25-minute running halves with a 5-minute break in between

• Each player must play a minimum of 25 minutes per game

• Games will be played on youth sized fields: width- 40yds TO 50yds, length - 70yds TO 80yds.

• Goals no larger than 7'H X 21'.

• Each player should be wearing a numbered shirt

• Individual substitutions can be made during any dead ball situation (i.e. Ball out of bounds or

goal scored) however the clock will not stop during the change

• Off side will be called

• Yellow or Red Cards may be issued for serious infractions

• Players receiving a red card will be required to leave the fields, the team will play the remainder

of the game shorthanded.

• All infractions will result in an indirect kick – there will be NO direct kicks at any point during the

game.

• Goalies are required to wear a shirt/pinnie that is a different color than his/her teammates

• Slide tackling will not be allowed

• No heading

**Referees**

• Please arrive 15 minutes prior to schedule start of the game

• Always bring a whistle, coin and a watch to each game

• Please briefly meet with each coach to see if they have any questions.

• Prior to start of game, call a representative from each team over for coin flip to determine who

kicks off first

• Be stern with your “calls” and maintain control of game