**Arundel Parks & Recreation Department**

**Summer Rec Newsletter**

**Week #3**

**July 7 -July 11, 2025**

**“NATURE WEEK”**



**Monday, July 7:** ICE CREAM DAY!Today, we will be doing some nature activities! **Please send your child to Rec with $3 if you’d like them to get an ice cream at 3pm.** As an alternative, you can pay for ice cream on our website under the Summer Rec tab UNTIL 2:30pm.

**Tuesday, July 8:** FIELD TRIP DAY!Today we will visit YORK’S WILD ANIMAL KINGDOM, York.Children should arrive wearing their Red Arundel Parks & Rec Trip T-shirt, sunscreen, bathing suit, and have a towel in their bag. Long-sleeved swim shirts are welcome and encouraged for those who may benefit from the added sun protection. Hats and sunglasses are welcome too, but might not be able to be worn all day depending on what the water park rules are. If the day is overcast and not a total rainout, we will still go – these are our favorite days at water parks because they are not crowded – please pack warmer clothes to help keep them warm after playing in the water on cloudy days. **Buses will depart at 9:30am and return by 4pm.**

**Wednesday, July 9:** NATURE-BASED ACTIVITY DAY! Today we will spend the day at our base camp (MLD) doing nature-based games and activities.

**Thursday, July 10:** LAKE DAY! We’ll head to ROTARY PARK in Biddeford today. Children should arrive wearing their Red Arundel Parks & Rec Trip T-shirt, sunscreen, bathing suit, and have a towel in their bag. Swim shirts, hats and sunglasses are welcome and encouraged for those who may benefit from the added sun protection. If the day is overcast and not a total rainout, we will still go – please pack warmer clothes for playing on the beach. **Buses will depart at 9:30am and return by 3pm. If you’d like your child to have pizza on Friday, sign up by 5pm on our website under the Summer Rec tab or in person.**

**Friday, July 11:** DRESS-UP DAY AND CAMP LUNCH! Today’s dress-up theme is ANIMAL DAY! Children may dress up in their favorite animal-print clothing or any appropriate animal-themed accessories from home! Camp Lunch (pizza, chips, pickles, and a drink) will be served at noon for those who ordered in advance. If you forgot to sign up, please be sure to pack a lunch from home.

**NOTES TO PARENTS:**

SNEAKERS are a must every day at Summer Rec.

EXTRA SNACKS will be a must as well. Campers go through a great deal of food at Summer Rec because of the high activity level.

**DAILY HOURS FOR SUMMER REC 7:15am-5:15pm.**  Drop-off and pick-up outside our hours are not permitted. If you know that you tend to run late, please aim to pick up at an earlier time or designate someone else to pick up. Please be respectful of the commitments of our staff outside of their work hours.

To reach Rec staff during the day, please call/text (207) 205-6724.

As always, please seek out Sofie, Kristin, Tyler, or Jenn with questions or concerns. Jenn’s email address:

[recreationdirector@arundelmaine.org](mailto:recreationdirector@arundelmaine.org)