

Arundel Parks & Recreation Department

Summer Rec Newsletter

Week #4

July 14 -July 18, 2025

“SPIRIT WEEK”



Monday, July 14: ICE CREAM DAY and OPENING CEREMONIES FOR SPIRIT WEEK! DRESS UP THEME: Crazy Hair Day! Children who come in with a wacky hairdo will earn points for their team! It will be a fun week of friendly competitions among our 4 teams of campers and staff. **Please send your child to Rec with \$3 if you'd like them to get an ice cream at 3pm.** As an alternative, you can pay for ice cream on our website under the Summer Rec tab UNTIL 2:30pm.

Tuesday, July 15: SPECIAL TRIP DAY – TWO DIFFERENT TRIPS BASED ON AGE GROUPS.

DRESS UP THEME: Mismatch Day! Children can earn points for their team by wearing mismatched socks, patterns, etc. Must still have a red Arundel rec shirt on for the field trip!

Grades K-2 will be going to AQUABOGGAN in Saco, ME today! Children should arrive wearing their Red Arundel Parks & Rec Trip T-shirt, sunscreen, bathing suit, and have a towel in their bag. Swim shirts are welcome and encouraged for those who may benefit from the added sun protection.

Grades 3-8 will head to WATER COUNTRY in Portsmouth, NH today for water slides and the lazy river. Children should arrive wearing their Red Arundel Parks & Rec Trip T-shirt, sunscreen, bathing suit, and have a towel in their bag. Swim shirts are welcome and encouraged for those who may benefit from the added sun protection. FOOT PROTECTION is important for this trip – the walking surface at Water Country is SO hot that it has brought children to tears in previous years. Shoes that can be kept on while on the rides are preferred (Teva sandals with straps or slip-on water shoes are great!), but if they only have flip-flops, we'll make do. If the day is overcast and not a total rainout, we will still go.

ALL buses will depart at 8:45am and return by 4pm.

Wednesday, July 16: BEACH TRIP DAY! Today we will visit PINE POINT BEACH, Scarborough for swimming, exploring the forts, sand castle building and beach games. **DRESS UP THEME: Hat Day!** Children can earn points for their team by wearing their favorite hat to Rec today. Children should arrive wearing their Red Arundel Parks & Rec Trip T-shirt, sunscreen, bathing suit, and have a towel in their bag. Swim shirts, hats and sunglasses are welcome and encouraged for those who may benefit from the added sun protection. If the day is overcast and not a total rainout, we will still go – please pack warmer clothes for playing on the beach. **Buses will depart at 9:30am and return by 3pm.**

Thursday, July 17: LAKE DAY! We'll head to the WATER SKI SHOW and BUNGANUT POND, Lyman today. **DRESS UP THEME: Halloween in July!** Children can bring their favorite costume or accessories to earn points for their team. Children should arrive wearing their Red Arundel Parks & Rec Trip T-shirt, sunscreen, bathing suit, and have a towel in their bag. Swim shirts, hats and sunglasses are welcome and encouraged for those who may benefit from the added sun protection. If the day is overcast and not a total rainout, we will still go – please pack warmer clothes for playing on the beach. **Buses will depart at 9:00am and return by 3pm.** **If you'd like your child to have pizza on Friday, sign up by 5pm on our website under the Summer Rec tab or in person.**

Friday, July 18: DRESS-UP DAY AND CAMP LUNCH! To earn points for your team, **DRESS UP THEME: WEAR YOUR TEAM COLOR** to Rec today! Camp Lunch (pizza, chips, pickles, and a drink) will be served at noon for those who ordered in advance. If you forgot to sign up, please be sure to pack a lunch from home.

NOTES TO PARENTS:

SNEAKERS are a must every day at Summer Rec. **Please do NOT send children with sandals/slides on,** as they may not be able to participate in our active games. Many children love to play kickball and other sports, but with slides/sandals, we've seen rolled ankles and shoes coming off and hitting other players. We love to see them be active, but do not like to see them get hurt because of improper footwear.

EXTRA SNACKS will be a must as well. Campers go through a great deal of food at Summer Rec because of the high activity level.

To reach Rec staff during the day, please call/text (207) 205-6724. As always, please seek out Sofie, Kristin, Tyler, or Jenn with questions or concerns. Jenn's email address: recreationdirector@arundelmaine.org