**Arundel Parks & Recreation Department**

**Summer Rec Newsletter**

**Week #5**

**July 21 -July 25, 2025**

**“AROUND THE WORLD WEEK”**



**Monday, July 21:** ICE CREAM DAY!Today, we will be doing some Around the World activities! **Please send your child to Rec with $3 if you’d like them to get an ice cream at 3pm.** As an alternative, you can pay for ice cream on our website under the Summer Rec tab UNTIL 2:30pm.

**Tuesday, July 22:** FIELD TRIP DAY!Today we will visit FUNTOWN in Saco.Children should arrive wearing their Red Arundel Parks & Rec Trip T-shirt and sunscreen. Hats and sunglasses are welcome too for added sun protection, but might not be able to be worn all day depending on what the park rules are. If the day is overcast and not a total rainout, we will still go – these are our favorite days at parks because they are not crowded. **Buses will depart at 9:30am and return by 4pm.**

**Wednesday, July 23:** Today we will have a SLIP N’ SLIDE at our base camp at MLD! Children should arrive wearing sunscreen, a bathing suit, and have a towel in their bag. Swim shirts, hats and sunglasses are welcome and encouraged for those who may benefit from the added sun protection.

**Thursday, July 24:** LAKE DAY! We’ll head to the ROTARY PARK today. Children should arrive wearing their Red Arundel Parks & Rec Trip T-shirt, sunscreen, bathing suit, and have a towel in their bag. Swim shirts, hats and sunglasses are welcome and encouraged for those who may benefit from the added sun protection. If the day is overcast and not a total rainout, we will still go – please pack warmer clothes for playing on the sand. **Buses will depart at 9:15am and return by 3pm. If you’d like your child to have pizza on Friday, sign up by 5pm on our website under the Summer Rec tab or in person.**

**Friday, July 25:** DRESS-UP DAY AND CAMP LUNCH! Today’s dress-up theme is TACKY TOURIST DAY! Campers can wear their favorite Hawaiian shirts, leis, bucket hats, etc. Camp Lunch (pizza, chips, pickles, and a drink) will be served at noon for those who ordered in advance. If you forgot to sign up, please be sure to pack a lunch from home.

**NOTES TO PARENTS:**

SNEAKERS are a must every day at Summer Rec. Please do NOT send campers in crocs, sandals, etc. because of the potential for rolled ankles with high activity levels throughout the day.

EXTRA SNACKS will be a must as well. Campers go through a great deal of food at Summer Rec because of the high activity level.

**DAILY HOURS FOR SUMMER REC 7:15am-5:15pm.** Drop-off and pick-up outside our hours are not permitted. If you know that you tend to run late, please aim to pick up at an earlier time or designate someone else to pick up. Please be respectful of the commitments of our staff outside of their work hours.

To reach Rec staff during the day, please call/text (207) 205-6724.

As always, please seek out Sofie, Kristin, Tyler, or Jenn with questions or concerns. Jenn’s email address:

[recreationdirector@arundelmaine.org](mailto:recreationdirector@arundelmaine.org)