

Arundel Parks & Recreation Department

Summer Rec Newsletter

Week #7

August 4 - August 8, 2025

“WATER WEEK”



Monday, August 4: ICE CREAM DAY! Today, we will be doing water activities! Please pack an extra set of clothes for your child, as we will be doing water-related activities outside today. Please send your child to Rec with \$3 if you'd like them to get an ice cream at 3pm. As an alternative, you can pay for ice cream on our website under the Summer Rec tab UNTIL 2:30pm.

Tuesday, August 5: SPECIAL TRIP DAY! – TWO DIFFERENT TRIPS BASED ON AGE GROUPS. See details below:

K-4th graders will go to CIRCUS SMIRKUS, in Kennebunkport for a silly, impressive performance by this traveling youth circus. Children should arrive wearing their Red Arundel Parks & Rec Trip T-shirt, sunscreen, hat, and sunglasses. Bus will depart at 10:30am and return by 4pm.

5th-8th graders will go to NORTH CONWAY, NH for a day of climbing the ropes, ziplining, and perhaps a ride on the mountain coaster at CRANMORE MOUNTAIN, a visit to a cool SWIMMING HOLE, and a trip to ZEB'S CANDY STORE before heading back! This trip is an exception to the rule, and we welcome children to **bring spending money** with them. If you need help with some cash for your child, please shoot me an email (recreationdirector@arundelmaine.org). Campers should arrive wearing their Red Arundel Parks & Rec Trip T-shirt, bathing suit, sunscreen, hat, and sunglasses. Bus will depart at 8:00am and return by 5pm.

Wednesday, August 6: We will have the GIANT WATER SLIDE at our base camp today! We will also be doing TIE DYE at camp! Children should arrive wearing their bathing suit, sunscreen, hat, and sunglasses. Please pack your child with a white item to tie dye (shirt, pillow case, socks, etc.).

Thursday, August 7: LAKE DAY! We'll head to TASSEL TOP in Raymond today. Children should arrive wearing their Red Arundel Parks & Rec Trip T-shirt, sunscreen, bathing suit, and have a towel in their bag. Swim shirts, hats and sunglasses are welcome and encouraged for those who may benefit from the added sun protection. If the day is overcast and not a total rainout, we will still go – please pack warmer clothes for playing on the beach. Buses will depart at 9:00am and return by 3pm. If you'd like your child to have pizza on Friday, sign up by 5pm on our website under the Summer Rec tab or in person.

Friday, August 8: DRESS-UP DAY AND CAMP LUNCH! Today's dress-up theme is TIE DYE day! Wear your new tie dye shirt/clothes to rec today! Camp Lunch (pizza, chips, pickles, and a drink) will be served at noon for those who ordered in advance. If you forgot to sign up, please be sure to pack a lunch from home.

NOTES TO PARENTS:

- SNEAKERS are a must every day at Summer Rec. NO CROCS please.
- NO CHEWING GUM at Rec please. It gets stuck to shoes, walls, and floors when campers have it here.
- To reach Rec staff during the day, please call/text (207) 205-6724. As always, please seek out Sofie, Kristin, Tyler, or Jenn with questions or concerns. Jenn's email address: recreationdirector@arundelmaine.org. Kristin's email address: recprogrammer@arundelmaine.org