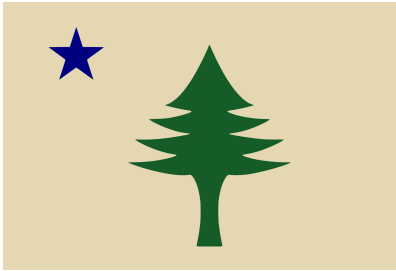


Summer Rec Newsletter

Week #7

August 3-August 7, 2026

“MAINE WEEK”



Monday, August 3: ICE CREAM DAY! Today, we will be doing some Maine-themed activities! Please pay online by 2:30pm or send your child with \$3 in their lunchbox if you'd like them to get an ice cream at 3pm. NO CASH WILL BE ACCEPTED AT THE CHECK IN DESK.

Tuesday, August 4: FIELD TRIP! We'll head to FUNTOWN in Saco today. Children should arrive wearing their Red Arundel Parks & Rec Trip T-shirt and sunscreen. Hats and sunglasses are welcome too for added sun protection, but might not be able to be worn all day depending on what the park rules are. If the day is overcast and not a total rainout, we will still go – these are our favorite days at parks because they are not crowded. Buses will depart at 9:00am and return by 4pm.

Wednesday, August 5: BEACH TRIP DAY! Today we will visit FORT FOSTER in Kittery for swimming, sand castle building and beach games. Children should arrive wearing their Red Arundel Parks & Rec Trip T-shirt, sunscreen, bathing suit, and have a towel in their bag. Swim shirts, hats and sunglasses are welcome and encouraged for those who may benefit from the added sun protection. If the day is overcast and not a total rainout, we will still go – please pack warmer clothes for playing on the beach. Buses will depart at 9:00am and return by 3pm.

Thursday, August 6: LAKE DAY! We'll head to KIWANIS in Standish today. Children should arrive wearing their Red Arundel Parks & Rec Trip T-shirt, bathing suit, sunscreen, and have a towel in their bag. Hats and sunglasses are welcome and encouraged for those who may benefit from the added sun protection. If the day is overcast and not a total rainout, we will still go – please pack warmer clothes for playing on the beach. Buses will depart at 9:00am and return by 3pm.

CAMP LUNCH (\$7) is due by THURSDAY at 5:00pm ONLINE ONLY so that we can place our large order. NO CASH WILL BE ACCEPTED FOR CAMP LUNCH, YOU MUST PAY ONLINE ONLY. Camp lunch is OPTIONAL, you are welcome to send in a lunch for your child if they don't order camp lunch on Fridays. We cannot make changes to the order (additions/subtractions) after the order is placed on Thursday. Feel free to pay early in the week to avoid missing the Thursday deadline. YOU CAN PAY FOR PIZZA OR ICE CREAM ONLINE ON OUR WEBSITE UNDER THE SUMMER REC TAB: <http://arundelrec.com>

Friday, August 7: DRESS-UP DAY AND CAMP LUNCH! Today's dress-up theme is ADVENTURER DAY! Wear your best hiker, camper or outdoorsmen outfit to rec today! Camp Lunch (pizza, chips, pickles, and a drink) will be served at noon for those who ordered in advance. If you forgot to sign up, please be sure to pack a lunch from home.

NOTES TO PARENTS:

- SNEAKERS are a must every day at Summer Rec. NO CROCS please.
- Pack EXTRA SNACKS!! Campers go through a great deal of food at Summer Rec because of the high activity level.
- NO CHEWING GUM at Rec please. It gets stuck to shoes, walls, and floors when campers have it here.

To reach Rec staff during the day, please call/text (207) 205-6724. As always, please seek out Hannah, Kristin, Tyler, or Jenn with questions or concerns. Jenn's email address: recreationdirector@arundelmaine.org. Kristin's email address: recprogrammer@arundelmaine.org

