**Playing Rules**

**Grades 3-4**

**7 v 7**

**Law 1** - The ball: size four

**Law 2** – the Number of Player

a. The maximum number of players on the field is seven per team including a goalkeeper

b. Substitutions are allowed anytime the ball is out of play

c. Each player shall play at least 50% of the playing time

**Law 3** –The Player Equipment

a. Footwear shall be sneakers or soft cleats soccer shoes

b. Shin guard’s mandatory. Mouth guards are optional

**Law 4** – The referee

a. One referee that is agreed upon by both coaches will call the game. Coaches will organize their team from the side lines.

b. Keep the game fun, safe and focused on the children

c. When the game is stopped for a foul or other reason, take time to explain why.

**Law 5** – Duration of the game

a. Two 25-minute halves

b. five-minute break

**Law 6** – Starting and restarting the game

a. Opponents must be 8 yards from center mark while kick-off is in progress

**Law 7** – Ball in and out of play

a. The ball must completely cross the line to be out of play

**Law 8** – The method of scoring

a. The ball must completely cross the goal line between the posts and beneath the crossbar to

count

**Law 9**- Fouls and Misconduct

a. Kicking, tripping, pushing, striking, or attempting to do so will result in an indirect free kick for

the opposing team from the spot of the foul

b. Sliding tackles are considered dangerous play and will result in an indirect free kick for the

opposing team

c. Referee shall explain the foul to the offending player

Law 10 - free Kicks

a. All free kicks will be indirect

b. Opponents must be 3 yards away

**Law 11** – Penalty kicks – there are no penalty kicks

**Law 12** – Throw-ins

a. A throw in occurs when ball goes out of bounds over the sidelines. Possession goes to the team

that did not touch the ball last

b. Opponents must be five yards away

**Law 13** – Goal Kicks

a. If the team attempting to score a goal is the last to touch the ball before it crosses the goal line

outside of the goal posts, the opposing team puts the ball back into play with a kick

b. The goal kick is taken from with three yards of the goal and opposing players must be on their half of the field.

**Law 14** – Corner kicks

a. If the defending team is the last to touch the ball before it crosses the goal line outside of the

goal post; the attacking team puts it into play with an indirect kick from the corner are closest to

where the ball went out

b. The opposing team must be a least three yards away

**Law 15** – Goalie Privileges

a. The goalie can use his or her hands to touch the ball within the goal box