

Arundel / Kennebunkport Parks & Recreation
Youth Basketball Rules & Regulations 2026-2027
Kindergarten, 1st & 2nd Grade Boys & Girls

LENGTH OF PLAY

Games shall consist of 45 Minute Running Clock. With a 5-minute halftime break. Each game for kindergarten & ½ will be in a 45-minute time slot every Saturday.

TEAM ROSTERS AND PLAY REQUIREMENTS

- a. All teams shall consist of eight (8) to ten (10) players
- b. All players shall receive equal playing time to the best of the coach's ability.
- c. All players, coaches and parents **must** abide by the Arundel & Kennebunkport Parks and Recreation Code of Conduct.

****Coaches please review the Code of Conduct with your team and parents***

SCOREKEEPING

There will be **NO SCORE OR STATS KEEPING**. At this age level it is important to teach skills and focus on the children having fun.

EQUIPMENT

- a. Participants shall wear the team T-shirt provided by Kennebunkport & Arundel Parks & Recreation Departments.
- b. Kennebunkport & Arundel Parks & Recreation Departments shall provide timing equipment.
- c. Kennebunkport & Arundel Parks & Recreation Departments shall provide the game balls for each game (Intermediate Size- 27.5)
- d. Rim height: 8'
- e. **Gymnasium- All activities are restricted to the gymnasium and NO person of any age should be in any other area of the building. Except for BATHROOMS. We will lose the use of the schools if we do not exhibit proper care and respect for the facilities. We do not have a custodian, so we ask that everyone lends a hand in maintaining a clean, safe facility.**

****Coaches please have your team pick up after each practice and game.***

SPORTSMANSHIP

All participants will exhibit good sportsmanship by demonstrating positive support. All adults involved in the program should do their best to make youth sports fun for all participants and remember that this is a program for the youth and not adults. All participants must abide by the Arundel & Kennebunkport Parks & Recreation Code of Conduct.

GAME-PLAY

- a. Game should consist of 5v5 while keeping in mind to substitute players on the fly for equal playing time.
- b. Man-to-man defense will be used and defense must let the offense bring the ball over half court.
- c. No full court press.
- d. No double teaming.
- e. ***New Rule*** No stealing off the dribble. Players can steal on a pass.
- f. Back court violations will not be called, cannot defend the ball in the back court.
- g. These children are young, there will be traveling, double-dribbles, jump-balls, fouls, and the ball going out of bounds. We ask you to keep the game under control.
- h. We ask you to call the game to the best of your ability but not calling every little thing you see.
- i. If you see kids tackling or fouling hard then that could be a great opportunity for you to remove that child from the game to teach them right from wrong.
- j. **(More So Directed at Grades 1-2)** If you see constant double dribbling and traveling then we ask you to call it. Use it as a teaching moment for said child. Some children know not to double dribble or travel but will use it to their advantage because other younger children are doing it and simply haven't learn / got use to the rule yet.

Revised October 2026